



Northgate School Arts College-Meal Menu

Week 1

7th Mar, 28th Mar

Week 2

14th Mar

**** The published menu will be subject to change to recognise particular theme days****

Week 3

21st Mar

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|--------------------------|--------------------|--|--------------------------|-----------------------|
| Main | Sausage Wellington | Mince Beef Cobbler | Roast Pork, Stuffing & Yorkshire Pudding | Tex Mex Bar | Fish & Chip Shop |
| Vegetarian | Vegetable Wellington | Quorn Cobbler | Cheese & Onion Pudding | Vegetable Quesadillas | Battered Quorn Fillet |
| Side | Mashed Potatoes | Baby Herb Potatoes | Roast Potatoes | Steamed Rice | Oven Fries |
| Vegetable | Broccoli, Peas & Carrots | Green Beans | Honey Roast Root Vegetables | Grilled Mixed Vegetables | Garden or Mushy Peas |
| Dessert | Fruit or Yoghurt | Fruit or Yoghurt | Double Chocolate Sponge Cake | Fruit or Yoghurt | Cornflake Tart |

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|------------------------|--|-----------------------|------------------------|
| Tagliatelli Carbonara | Braised Beef Steak | Roast Gammon, Stuffing & Yorkshire Pudding | Chicken Legend Burger | Meat Feast Pizza |
| Mushroom Carbonara | Ratatouille Pasta Bake | Vegetable Toad in the Hole | Plant Based Burger | Pizza Margherita |
| Garlic Bread | Mashed Potatoes | Rosemary Potatoes | Potato Planters | Seasonal Wedges |
| Roast Courgette & Tomato | Garden Peas | Braised Cabbage & Parsley Carrots | Sweet Corn | Baked Beans & Coleslaw |
| Fruit or Yoghurt | Fruit or Yoghurt | Spotted Dick | Fruit or Yoghurt | Jam Cushions |

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|-----------------------------|--|---------------------|----------------------|
| Beef Lasagne | Wrap Bar | Roast Turkey, Stuffing & Yorkshire Pudding | Chicken Katsu Curry | Fish & Chip Shop |
| Vegetable Lasagne | Quorn Fritters | Vegetable Pithivier | Cauliflower Curry | Quorn BBQ Burger |
| Rainbow Slaw | Dressings & Salads | Roast Potatoes | Poppadoms | Oven Fries |
| Mixed Green Vegetables | Roast Vegetables & Couscous | Mashed Swede & Broccoli | Rice Coli/Rice | Garden or Mushy Peas |
| Fruit or Yoghurt | Fruit or Yoghurt | Treacle Sponge | Fruit or Yoghurt | Banana Loaf |

Available Every Day

Salad Bar
Home Baked Bread

Home Made Soup
Home Made Soup, Jacket Potatoes plus Toppings, Build Your Own Bar'

Fresh Fruit Basket
Natural Yoghurt

Additional Information

- All our fish is from sustainable stocks and is M.S.C. approved.
- All our eggs are free range.
- All our meat is from a local butcher and is sourced within Northamptonshire. We operate a 'Stealthy Eating Policy' where all our dishes include fruit or vegetables.
- Meals are charged @ £ 2.50 per day. Please pay for meals in advance via www.parentpay.com using your log in details or by cash via the office.
- All our food is prepared daily from fresh produce in our own kitchen, it allows us to adapt to the needs of all our young people's diet.
- We actively encourage them to try new foods as this forms part of their education and on-going life experience.
- If you have any questions, have problems logging in or require any further information, please contact the school office on 01604 714098.